CENTRAL HIGH SCHOOL ATHLETICS BASEBALL EMERGENCY ACTION PLAN

Address: 6400 Fountain City Road, Knoxville, TN 3798

Emergency Phone Numbers:

Medical Emergency/Fire 911

Contact Numbers:

Athletic Trainer (AT): Jason Seaton	(865) 680-7965
Athletic Director (AD): Danny Sharp	(865) 689-1400
Head Coach: Brandon Roberts	(954) 689-1400
Principal: Dr. Danielle Rutig	(865) 689-1400
Main School:	(865) 689-1400

EMS Directions:

General directions to Tommy Schumpert Park from Broadway:

- 1. Turn left onto Hotel Rd.
- 2. Then merge onto Holbrook Dr. for approx. .2 mi.
- 3. Turn Left onto Grove Dr.
- 4. In 1.0 mi turn Left onto Rifle Range Dr. then drive approx. .9 mi. and turn Right for Fountain City Rd.
- 5. In Approx. 250 ft turn Right into Tommy Schumpert Park.
- 6. Follow Signs to Dog Park. Baseball Field is adjacent to the dog park.

<u>OR</u>

- 1. From E. Emory Rd., drive 1.5 mi towards Dry Gap Pike and turn Right.
- 2. Drive 1.6 mi. then turn Left onto Fountain City Rd.
- 3. In 0.4 mi turn Left into Tommy Schumpert Park.
- 4. Follow Signs to Dog Park. Baseball Field is adjacent to the dog park.

Hospital Info:

East Tennessee Children's Hospital 2018 W. Clinch Ave. Knoxville, TN 37916

CENTRAL HIGH SCHOOL ATHLETICS BASKETBALL EMERGENCY ACTION PLAN

See map on next page



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Emergency Equipment Locations:

- 1. AEDs:
 - Primary AED is located to the Right of the concession stand inside a passcode
 - Second AED is located with the athletic trainer during summer/fall/spring practices and games. Otherwise it is located in the Field House (Roy Acuff) AT office.
- 2. First Aid Supplies:
 - Located in medical kit with the AT and in the Athletic Training room across from the locker rooms behind the gym.
 - Supplies are on the counter for coaches to access and use as needed.

Emergency Responders Protocol:

- 1. Immediate Care of the Athlete:
 - a. Immediately notify the Athletic Trainer to respond to the emergency.
 - b. If no AT is present on campus, the Coach(s) will respond as follows.
 - Stabilize and calm the injured athlete and provide first aid until either:
 - 1. It is determined that Basic Life Support procedures begin CPR or Rescue Breathing) and EMS is activated.
 - 2. The athlete is conscious and normal breathing and neurovascular function (circulation, movement, and feeling) can be established.

AED retrieval:

- a. Coach or student aide will be directed to get the AED if a cardiac emergency is suspected.
- 3. Activate EMS if needed. Below is a list of reasons to call (9-1-1):
 - o Any altered and/or deteriorating mental status (loss of orientation, not cognizant of self, time or o Unexplained seizure unexplained/severe lethargy, decreased in personality, poor regulation of emotions, defect in judgement, confusion, memory loss)
 - o Unconsciousness
 - o Uncontrollable bleeding
 - o Persistent chest pain/pressure o Electrical accident
 - o Lack of sweating, red hot skin o Possible poisoning
 - Uncontrollable vomiting
 - o Loss of sensation in limbs, no signs of circulation
 - understanding, change o Obvious bony deformity, exposed bone

- o Unequal/unreactive pupils
- o Unequal chest rise/fall

- o Inability to move
- o Suspected head, neck or back injury
- o Unexplained breathing difficulty, inability to breathe
- o Convulsions, severe headache, or slurred speech

Additionally, if you have any doubt regarding the seriousness of the injury.

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Emergency Responders Protocol (cntd):

- 4. Activating EMS:
 - a. Instruct a **specific** individual/delegated coach to call 9-1-1.
 - b. Stay calm, speak clearly.
 - c. Provide EMS dispatchers with the following:
 - o Your name and role.
 - o Your phone number.
 - o Number of victims.
 - o Name, age, and possible injury of victim.
 - o The address of the victim's location.
 - o The exact location of the victim (Ex. girls locker room). Give any landmarks or additional information that may aid EMS in finding the victim.
 - o Status of the victim (consciousness, breathing, circulation, bleeding, etc.)
 - o First aid care that is currently being given.
 - o Any known medical history or events leading to injury or illness.
 - d. DO NOT HANG UP UNTIL DISPATCH TELLS YOU TO HANG UP.
- 5. Retrieval of Medical Information Sheet, if no parent(s) present (**MUST Be with EMS**)
 - Delegated coach or student aide
 - o Medical Release (Parental Consent Form)
 - o Current Valid Physical
 - o Past Medical History Information
- 6. Direct EMS to scene
 - Assign an individual (coach, AT student aide, etc.) to meet the ambulance at the nearest road/gate and direct them to the location of the emergency.
 - This person should have keys to unlock gates or doors.
 - Head coach is responsible for ensuring gates are not obstructed for all events.
- Crowd control
 - Athletic Director, delegated coach, and/or officials as needed.
- 8. Contact Central High School Athletic Director & Athletic Trainer (if not on scene).
- 9. After EMS assumes care:
 - Athletic Trainer contacts parents of injured athlete.
 - Coach/school representative follows athlete to the hospital if a parent is not available at time of transport with proper paperwork.
 - Coach/school representative/Athletic Trainer complete respective injury reports.

^{**}If no AT is present, the Head Coach will be responsible for delegating the above roles**